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(54) Title: COMPOSITIONS FOR THE TREATMENT OF SKIN DISORDERS

(57) Abstract

An inhibitor of cholesterol synthesis is used for the treatment, alleviation or prevention of skin disorders.

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COMPOSITIONS FOR THE TREATMENT OF SKIN DISORDERS**FIELD OF THE INVENTION**

The present invention is generally in the field of compositions for topical application onto the skin intended to improve the skin's condition. The present invention provides method and compositions useful for 5 improving various skin conditions, in particular acne.

BACKGROUND OF THE INVENTION

Acne is a chronic inflammatory disorder of the pilosebaceous follicles, particularly in the face and neck region, occurring most commonly 10 in adolescence between the ages of about 14 to about 19. Acne involves increased sebum secretion, hyperkeratinization in the infrainfundibulum of the follicular duct, increased microbial colonization and inflammation (Strauss, J.S., *J. Dermatol. Treat.*, 1:3-6 (1989)). Various methods for the treatment of acne and other sebaceous glands' inflammation have been 15 proposed, ranging from special diets, prevention of contact of the skin by known acneogenic agents (e.g., low grade cosmetics), use of endocrine preparations containing progesterone or estrogen, and others, most of which have not proved to be effective. Additionally, it has also been proposed to use antiseptic, antibacterial and wide-spectrum antibiotic compounds in both 20 topical and systemic application.

All hitherto used anti-acne agents were effective in suppressing the development of microbial population, keratinization and comedo formation in the sebaceous glands. However, only few of the anti-acne agents hitherto used were effective in the reduction of the sebum excretion rate (Gollnick, H., *J. Dermatol. Treat.* **1**:S23-S28 (1990) and none of the agents was useful in affecting lipid biosynthesis in the pilosebaceous unit.

5 Isoprenoid groups such as cholesterol, squalene and cholestry-esters are synthesized via the mevalonate pathway (Goldstein, J.L., Brown, M.S., *Nature*, **34B**, 425 (1990)), wherein the end-product is cholesterol.

10 One of the key enzymes which regulate the production of mevalonate, the precursor of the above isoprenoid groups, is the 3-hydroxy-3-methylglutary coenzyme A (HMG-CoA) reductase. Inhibitors of this enzyme inhibit the synthesis of cholesterol and are thus used as antihypercholesterolemic medicaments for the treatment of arteriosclerosis, hyperlipemia and related

15 diseases. An example of such an inhibitor is Lovastatin (Merck Index 5460, U.S. 4,231,938). Pharmaceutical compositions comprising this inhibitor of HMC-CoA reductase are given orally or parenterally to patients suffering from arteriosclerosis or hyperlipemia.

20 SUMMARY OF THE INVENTION

In accordance with the invention it has surprisingly been found that acne can be treated by the use of a topically applied inhibitor of cholesterol synthesis. In accordance with the invention use is thus made with an inhibitor of cholesterol synthesis to treat various skin disorders.

25 In accordance with the present invention there is thus provided a composition for topical skin application comprising a carrier and, as an active ingredient, an effective amount of an inhibitor of cholesterol synthesis.

The composition of the invention may be a pharmaceutical or cosmetic composition.

The pharmaceutical composition of the invention may be used for various indications including acne vulgaris, psoriasis, scalp dandruff and

5 saborea.

The present invention further concerns the use of inhibitors of cholesterol synthesis, for example inhibitors of the HMG-CoA reductase, for the preparation of topical pharmaceutical compositions for the treatment, alleviation or prevention of skin disorders.

10 Also provided by the invention is a method for improvement of skin condition comprising topically applying onto the skin a composition comprising a carrier and, as an active ingredient, an effective amount of an inhibitor of cholesterol synthesis. A particular application of the method is the treatment, alleviation or prevention of acne.

15 The term "*effective amount*" should be understood as meaning an amount of an active ingredient needed to achieve a desired therapeutic or pharmaceutical effect. For example, in a pharmaceutical composition of the invention an effective amount of an inhibitor of cholesterol synthesis is an amount which is sufficient, in the administration regimen of the pharmaceutical composition in the framework of treatment, to achieve an improvement in the skin's condition.

20 Inhibitors of cholesterol synthesis useful in accordance with the present invention are various agents which inhibit the production of the end product, i.e. cholesterol, or any of the intermediates of the various steps of the mevalonate pathway in which cholesterol is produced from the precursors acetyl CoA and acetoacetyl CoA. The inhibitors can be agents which inhibit the enzymes involved in the various steps or agents which serve as sequesters of the intermediates, both of which reduce the amount 25 of cholesterol produced in this process.

In accordance with a preferred embodiment of the invention, the inhibitor of cholesterol synthesis is an agent which inhibits the HMG-CoA reductase, such as Lovastatin.

5 The concentration of the Lovastatin is preferably about 0.2 – 10% and most preferably about 2%.

The inhibitor of cholesterol synthesis may be applied to the skin with various other agents such as, antimicrobial agents, e.g. antibiotics, for the treatment or prevention of a secondary infection, a skin peeling agent, retin-A separately or together with resorcinol, etc.

10 The carrier of the composition of the present invention may be any pharmaceutically or cosmetically acceptable carrier such as, for example, ethanol, gel, liposome formulation, ointment, salve, etc.

EXAMPLES:

15 **I. Preparation of the Composition**

Lovastatin capsules (Mevacor™, Merck, U.S.A.) were ground and the active ingredient was separated from the excipient by extraction with ethanol 95% and filtration to yield a 2% solution of Lovastatin in ethanol.

20 **II. Clinical Trials**

The efficacy of the above preparation was tested in two separate clinical trials.

A. Trial I

25 Pharmaceutical compositions prepared as described above were topically applied twice daily for a period of 12 weeks, to the faces of two individuals suffering from acne vulgaris. The patients were required to discontinue all other topical and systemic anti-acne treatment 30 days prior

to the beginning of the trial and discontinued all facial and cosmetic treatment seven days prior to the onset of treatment.

The acne condition was assessed by recording all acne lesions including inflamed acne lesions (papules and pustules) and non-inflamed acne lesions, (white and black comedos) prior to the beginning of treatment and 4, 8 and 12 weeks following the onset of treatment.

In both patients, improvement in all mentioned lesions was noticed and at the end of the 12 week treatment period the number of lesions decreased to less than half. No side effects were noticed save for a 10 mild dryness of the skin, which is likely a result of the ethanol.

B. Trial II

4 patients, 16-25 years of age, consisting of 2 males and 2 females, having mild to moderate acne were treated with the above 15 preparation. All medications and cosmetics were stopped for 14 days, following which the patients were asked to apply the preparation twice daily for 8 weeks and to refrain from using all other forms of treatment and cosmetics during treatment. Prior to and after 4 and 8 weeks of treatment, the number of acne lesions (papules, pustules and white and black comedos) 20 was recorded, and the results, shown in the following Table 1 demonstrated an improvement in all 4 patients evidenced by reduction of the number of all types of lesions:

Table 1

Number of acne lesions before and during treatment

5	Patient	Lesions	Before	After	After
			Treatment	1 month	2 months
1	1	Pustules	10	7	3
		Papules	11	3	2
		White & blackheads	18	10	7
2	2	Pustules	17	15	2
		Papules	17	15	10
		White & blackheads	18	15	6
3	3	Pustules	7	2	-
		Papules	12	7	4
		White & blackheads	22	14	7
4	4	Pustules	20	18	5
		Papules	16	9	5
		White & blackheads	15	10	5
10	Average	Pustules	13	10	2
		Papules	14	8	5
		White & blackheads	18	12	6

CLAIMS:

1. A composition for topical skin application comprising a carrier and, as an active ingredient, an effective amount of an inhibitor of cholesterol synthesis.
2. A composition according to Claim 1, being a pharmaceutical composition.
3. The pharmaceutical composition according to Claim 2, wherein the inhibitor of cholesterol synthesis is an inhibitor of the 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase.
4. A pharmaceutical composition according to Claim 3, wherein the inhibitor is Lovastatin.
5. A pharmaceutical composition according to Claim 4, wherein the concentration of the Lovastatin is about 0.2 – 10%.
- 15 6. A pharmaceutical composition according to Claim 5, wherein the concentration of the Lovastatin is about 2%.
7. A pharmaceutical composition according to any one of the preceding claims, for the treatment of a skin disorder selected from the group consisting of acne vulgaris, psoriasis, scalp dandruff and saborea.
- 20 8. A pharmaceutical composition for the treatment of acne according to Claim 7, comprising anti-acne agents selected from the group of: antimicrobial agents, peeling agents or various retinoeides.
9. Use of an inhibitor of cholesterol synthesis for the preparation of a topical pharmaceutical composition for the treatment, alleviation or prevention of skin disorders.
- 25 10. Use according to Claim 9 wherein the inhibitor of cholesterol synthesis is an inhibitor of 3-hydroxy-3-methylglutaryl coenzyme A reductase (HMG-CoA reductase).
11. Use according to Claim 10 wherein the inhibitor is Lovastatin.

12. A method for the treatment, alleviation or prevention of skin disorders comprising topically applying to the skin a pharmaceutically effective amount of an inhibitor of cholesterol synthesis.

13. A method according to Claim 12 wherein the inhibitor of cholesterol synthesis is an inhibitor of 3-hydroxy-3-methylglutaryl coenzyme A reductase (HMG-CoA reductase).
5

14. A method according to Claim 13 wherein the inhibitor is Lovastatin.

INTERNATIONAL SEARCH REPORT

International application No.
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A. CLASSIFICATION OF SUBJECT MATTER

IPC(6) A61K 31/35
US CL 514/460

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

U.S. : 514/460

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
Y	US, A, 4,231,938 (MONAGAHAN ET AL.) 04 November 1980, see entire document.	1-11

Further documents are listed in the continuation of Box C. See patent family annex.

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